



## ***UK Fellowship Questionnaire***

*Did the Fellowship fulfil the BOFAS criteria*    Yes ☐    No ☐

A good quality F&A Fellowship should provide a balance between surgical practice in theatre and of decision-making in outpatients, with at least two clinics and at least three theatre sessions per week. There should be a regular multi-disciplinary team meeting, study leave with both protected time and a budget, a paid session for research or audit and a clear mechanism for feedback.

**Please answer all the questions.**

1. Your Name Freideriki Poutoglidou
2. Fellowship Centre Hampshire Hospitals NHS Foundation Trust
3. In-charge Consultant (s) Mr R. Elliot, Mr D. Marsland
4. Duration 6 months
5. Which Year    From April 2023    To October 2023
6. What was the annualised total number in your logbook? (ie if 6/12 then double) 316
7. What was the % of cases that you were the lead surgeon for most of the procedure? 71.5%
8. How many academic publications are you highly likely to submit from your Fellowship (be honest)? 2
9. What were the highlights?( please answer in box)



This has been an outstanding fellowship. During my 6 months in Hampshire Hospitals I have achieved all my personal goals. The highlight of my fellowship was working with Mr Elliot and Mr Marsland who are excellent foot and ankle surgeons and amazing trainers. I was encouraged and felt very well-supported to develop my skills, build my confidence and become independent.

A typical week would involve 4-5 theatre sessions and 2-3 clinics. There was operating along the consultants but also independent lists once a week. I got exposure in all the spectrum of foot and ankle surgery including Total Ankle Replacement, arthroscopy, complex deformity reconstruction and forefoot work. There was a regular Foot and Ankle MDT which the Fellow organises and a regional MDT for discussion of complex cases within the region.

There is ample opportunity for high-quality research. The consultants have extensive experience in publishing, giving extremely helpful guidance and support.

Finally, I never had any problems with obtaining annual or study leave.

Overall, this has been an excellent fellowship that has effectively prepared me in every level to become a Consultant. I would highly recommend it.

By completing this and returning it to [administrator@bofas.org.uk](mailto:administrator@bofas.org.uk), you are giving your consent for us to publicise this on the BOFAS Website.